

The background is a colorful, abstract painting. It features a landscape with rolling hills in shades of green, blue, and red. There are several stylized trees with dark trunks and colorful canopies in shades of blue, purple, and green. The sky is filled with large, soft-edged clouds in shades of purple, pink, and orange. The overall style is expressive and artistic, with visible brushstrokes and a rich color palette.

# 9<sup>th</sup> Grade Presentation

Mrs. Svoboda, Freshman  
Counselor

Mrs. Friedman, College and Career  
Advisor

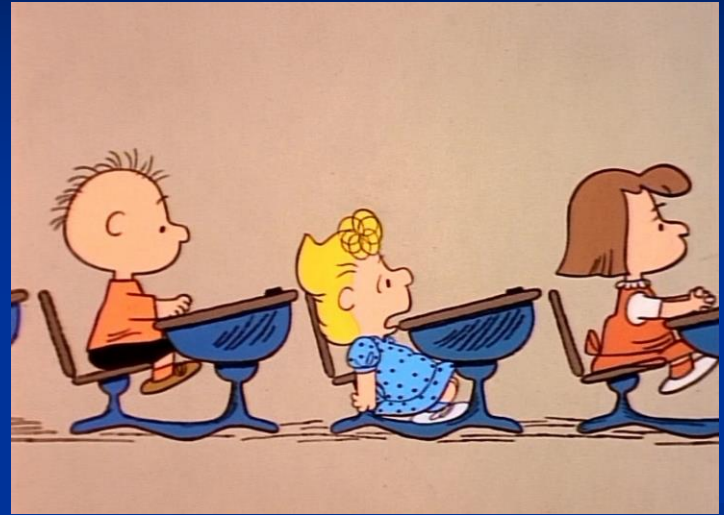
# Academics

- D's and F's don't count for college

- College Prep (CP)

Honors (H)

Advanced Placement (AP)



- What are your strengths and passions?
- Think about what you want to study in college.
- You want to enroll in the highest level courses that are appropriate to you.

# OPHS Graduation Requirements

- English (4 years)
  - Social Studies (3 and ½ years)
  - Math (3 years) (including Alg. and Geom.)
  - PE (2 years)
  - Science (3 years) (including Biological and Physical Science)
  - Visual and Performing Art (1 year)
  - Health (1 semester-9<sup>th</sup>)
  - General Electives (60 credits)
- 230 credits needed to graduate



# UC/CSU “a-g” Requirements

- a. **History** (2 years)
- b. **English** (4 years)
- c. **Math** (3 years required/4 years recommended)
- d. **Lab Science** (2/3 years)
- e. **Foreign Language** (2/3 years)
- f. **Visual Performing Arts** ( 1 year)
- g. **College Prep Elective** (1 year)

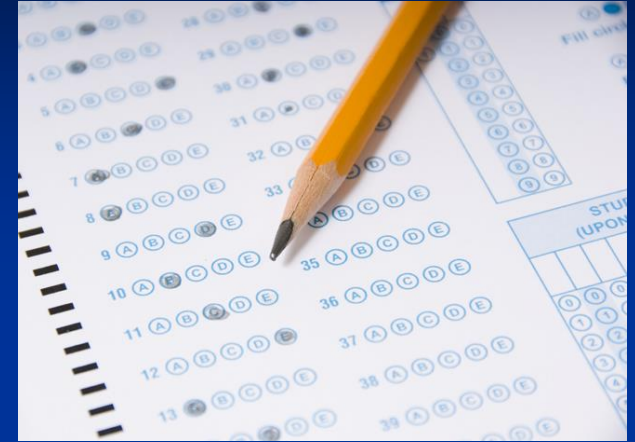
# Options for Higher Education

- University of California (\$34,000-\$36,000)
- California State Universities (\$27,000-29,000)
- Private and out of state universities (\$50,470)
- Community College (\$1,300-\$16,000)



# College Admission Factors

- *Grades*
- *SAT/ACT scores*
- *Strength of curriculum*
- Personal Statement/Supplemental Essay
- Participation in extracurricular activities
- Letters of recommendation (teacher, counselor)
- Focus on a particular interest/passion/talent
- Leadership



# Extracurriculars

- <https://bigfuture.collegeboard.org/get-started/outside-the-classroom/extracurriculars-matter-to-you-and-to-colleges>



# College Entrance Exams

- PSAT
- SAT: sign up for the Question of the Day @ [www.collegeboard.org](http://www.collegeboard.org)
- ACT: [act.org](http://act.org)
- SAT Subject Area Tests
- AP Exams
- PFA boot camp and Mock Exams for ACT/SAT





# What 9<sup>th</sup> Graders Should Focus on:

- Maintain an excellent attendance record
- Develop solid study skills
- Attend 7<sup>th</sup> period regularly
- Increase your vocabulary
- Extracurricular activities
- Get involved
- Keep your grades up
- Explore Naviance

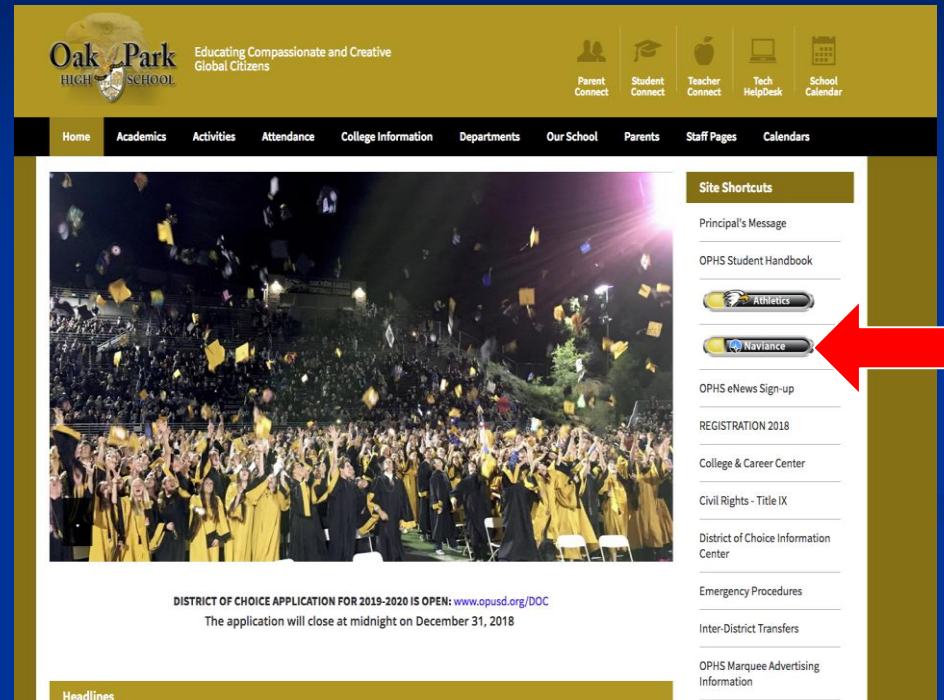


# Naviance

- 4 year plan
- College search
- Career search
- Self assessments
- Scattergrams
- Naviance code:

*Student ID#*

*Student Q code*



# Naviance Home Page

Welcome, Svoboda!

Search for Colleges



🔍 Type a college name

SEARCH

## The Freshman Year



**Naviance's Student** is a web-based program for academic planning, college and career research. You will want to become familiar with this program as it is the primary vehicle you will use to:

- research and plan your academic program for all 4 years of High School
- request your classes for the upcoming school year
- research careers

[Read more](#)

## My Favorites

♥ COLLEGES  
[I'm thinking about](#)

🎓 COLLEGES  
[I'm applying to](#)

♥ COURSES  
[I'm thinking about](#)

♥ CAREERS AND CLUSTERS  
[I'm thinking about](#)

## Important To-Dos and Tasks

Relax, you have no overdue or upcoming to-dos and tasks. However, you can get ahead by going to My Planner to see what's next or create a goal or to-do.

## What's New

📅 Fashion Institute of Design and Merchandising, Los Angeles will be visiting your school on Wednesday, October 10th, 2018 at 10:05 am [more info](#)

# Create a 4 Year Plan

The screenshot shows the Naviance Student dashboard for a user named Svoboda. At the top, there is a navigation bar with links for Home, Courses, Colleges, Careers, About Me, and My Planner. A red arrow labeled '1' points to the 'Home' link. Below the navigation bar, there is a search bar for colleges and a 'SEARCH' button. The main content area is divided into several sections: 'The Freshman Year' with a 'Read more' button, 'My Favorites' with a list of items, 'Important To-Dos and Tasks', and 'What's New'. A second red arrow labeled '2' points to the 'Plan coursework' link in the 'My Favorites' section.

Naviance | Student

Welcome, Svoboda!

Search for Colleges

Type a college name

SEARCH

Home Courses Colleges Careers About Me My Planner

COURSES Home

COURSES I'm thinking about

CURRENT MULTIYEAR PLAN OPHS Graduation Requirements Draft Plan

Explore courses >

Plan coursework >

COLLEGES I'm thinking about

COLLEGES I'm applying to

COURSES I'm thinking about

CAREERS AND CLUSTERS I'm thinking about

### The Freshman Year

**NAVIANCE**

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- request your classes for the upcoming school year
- research careers

Read more

### My Favorites

### Important To-Dos and Tasks

Relax, you have no overdue or upcoming to-dos and tasks. However, you can get ahead by going to My Planner to see what's next or create a goal or to-do.

### What's New

St. Olaf College will be visiting your school on Monday, October 15th, 2018 at 8:00 am [more info](#)

# Research Colleges




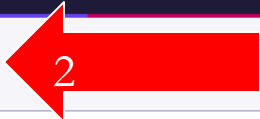
## Colleges

SEARCH

MORE COLLEGE SEARCH OPTIONS

### Find Your Fit

 [SuperMatch®](#)



[College Match](#)


[Scattergrams](#)

[Advanced College Search](#)

[College Lookup](#)

Show less

### Research Colleges

 [COLLEGES](#)  
[I'm Thinking About](#)

[College Compare](#)

[College Resources](#)

[Acceptance History](#)

[Enrichment Programs](#)

[College Maps](#)

# Super Match College Search

Allows you to search for schools based on location, size, cost, and more.

The screenshot shows the Naviance Student SuperMatch College Search interface. At the top, the Naviance | Student logo is on the left, and navigation links for Home, Courses, Colleges (underlined), Careers, About Me, and My Planner are on the right. A pink banner below the header asks for feedback on the new SuperMatch feature, with a 'Provide Feedback' button. The main search area is titled 'SuperMatch College Search' and includes an 'About SuperMatch' link. A menu of search criteria is displayed: Choose Fit Criteria, Location, Academics, Admission, Diversity, Institution Characteristics, Cost, Student Life, Athletics, and Resources. The 'Your Fit Criteria' section shows 0 selected criteria and a 'Select Criteria To Start' button. It also features 'Must Have' and 'Nice to Have' boxes with explanatory text. The 'Saved Searches' section includes a dropdown menu and 'Save Search' and 'Start Over' buttons. At the bottom, a 'No Results Yet' message is shown, along with filters for Fit Score, Academic Match, and three 'Pick what to show' dropdown menus.

Naviance | Student

Home Courses Colleges Careers About Me My Planner

We want your feedback! What do you think about the new SuperMatch? [Provide Feedback](#)

SuperMatch College Search [About SuperMatch](#)

Choose Fit Criteria Location Academics Admission Diversity Institution Characteristics Cost Student Life Athletics Resources

Your Fit Criteria **Saved Searches** Choose one [Save Search](#) [Start Over](#)

0 selected criteria [Select Criteria To Start](#)

To refine your results, use the arrows to move your criteria into the "Must Have" and "Nice to Have" boxes.

**Must Have**

A *Must Have* is anything you absolutely need to be happy and successful.

**Nice to Have**

A *Nice to Have* is anything that's important to you, but isn't an absolute must have.

No Results Yet

Fit Score Academic Match Pick what to show Pick what to show Pick what to show

# Look Up a Specific College



University of California-Los Angeles   
Los Angeles, CA, United States |  
[www.ucla.edu](http://www.ucla.edu)

Communicate

Apply online

Learn More

Overview

Studies

Student Life

Admissions

Costs



AVERAGE NET PRICE

**\$9,093**

Income: **\$30 - \$48K**

[More about Cost & Aid](#)

GRADUATION RATE

**91%**

Within 6 years

[More about Learning Environment](#)

ACCEPTANCE RATE

**18%**

[Check out Scattergrams to see how this relates to you](#)

COLLEGE OVERLAPS

**366**

Students who apply to this college also applied to these 366 colleges

[Learn more](#)

REGULAR DECISION DEADLINE

November

**30**

[See all deadlines](#)

# Scattergrams

Naviance | Student

Home Courses **Colleges** Careers About Me My Planner

Welcome, Svoboda!

Search For Colleges

**The Freshman Year**

**NAVIANCE**

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- request your classes for the upcoming school year
- research careers

[Read more](#)

**My Favorites**

- COLLEGES I'm thinking about
- COLLEGES I'm applying to
- COURSES I'm thinking about
- CAREERS AND CLUSTERS I'm thinking about

**What's New**

St. Olaf College will be visiting your school on Monday, October 15th, 2018 at

**Colleges Dropdown:**

- COLLEGES Home
- COLLEGES I'm thinking about
- COLLEGES I'm applying to
- Find Your Fit
- Research Colleges
- Apply to College
- Scholarships and Money



# Scattergrams

Naviance | Student

Home Courses Colleges Careers About Me My Planner

Welcome, Svoboda!

Search for Colleges

**Find Your Fit**

- SuperMatch®
- College Match
- Scattergrams**
- Advanced College Search
- College Lookup

### The Freshman Year

**NAVIANCE**

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[Read more](#)

### My Favorites

- COLLEGES  
I'm thinking about
- COLLEGES  
I'm applying to
- COURSES  
I'm thinking about
- CAREERS AND CLUSTERS  
I'm thinking about

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# Scattergrams

CAL POLY

Cal Poly, San Luis Obispo   
San Luis Obispo, CA, United States |  
[www.calpoly.edu](http://www.calpoly.edu)

Communicate 

Apply online

Learn More 

Overview

Studies

Student Life

Admissions

Costs

## REGULAR DECISION DEADLINE



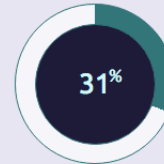
[See all deadlines](#)

## APPLICATION FEES

Freshman Application

\$55

## ACCEPTANCE RATE





## IMPORTANT POLICIES

Rolling Notification  
By Appointment Registration  
Early Decision  
Competitive Admissions



Applications from your high school to Cal Poly, San Luis Obispo

 **101** Total Applicants in 2018

 45 Students Accepted  16 Students Enrolled





 **101** Total Applicants in 2017

 46 Students Accepted  11 Students Enrolled

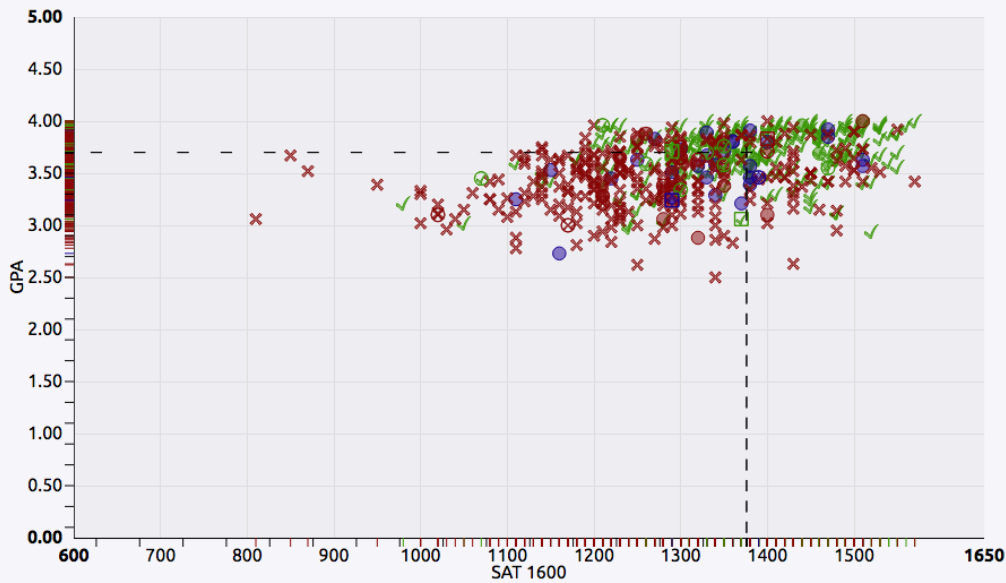


 **102** Total Applicants in 2016

 32 Students Accepted  8 Students Enrolled



# Scattergrams



Legend	Accepted	Waitlisted/Accepted	Waitlisted/Unknown	Waitlisted/Denied	Denied
⊕ You	✓ Regular Decision	● Regular Decision	● Regular Decision	● Regular Decision	✗ Regular Decision
— Average GPA	✓ Early Decision	● Early Decision	● Early Decision	● Early Decision	✗ Early Decision
Average Score	⊠ Early Action	⊠ Early Action	⊠ Early Action	⊠ Early Action	⊠ Early Action

# Assessments

## Personality, Career and Learning Style

*Do What You Are*

*Career Interest Profile*

*Learning Styles Inventory*

1

The screenshot displays the Naviance Student dashboard. At the top, the navigation bar includes 'Home', 'Courses', 'Colleges', 'Careers', 'About Me', and 'My Planner'. A user profile dropdown menu is open, showing options: 'ABOUT ME Home', 'SVOBODA JANET My Account', 'My Stuff', 'My Assessments', 'My Surveys', and 'Postsecondary Plans'. A red arrow labeled '1' points to the 'About Me' link, and another red arrow labeled '2' points to the 'My Assessments' link. The main content area is divided into several sections: 'The Freshman Year' with a 'Read more' button; 'My Favorites' listing 'COLLEGES I'm thinking about', 'COLLEGES I'm applying to', 'COURSES I'm thinking about', and 'CAREERS AND CLUSTERS I'm thinking about'; 'Important To-Dos and Tasks' with a message about no overdue tasks; and 'What's New' with an event for St. Olaf College on October 15th, 2018.

# College and Career Center Room C6

## Mrs. Friedman



- College visits, contacts & brochures
- Leadership programs
- Test prep resources
- College essay resources
- Career information
- Summer enrichment
- Scholarship and financial aid information
- Naviance information

# Reaching Your Highest Potential...

- Manage your time wisely
- Don't multitask
- Use a calendar
- Organization
- Study in 20-50 minute chunks
- Get enough sleep
- Eat well
- Read Actively
- Take notes and rewrite them
- Be proactive
- Attend 7<sup>th</sup> period support regularly



# Edgar Dale's Cone of Experience

People generally remember...  
(learning activities)

People are able to...  
(learning outcomes)

10% of what they read

Read

Define List  
Describe Explain

20% of what they hear

Hear

30% of what they see

View Images

Watch Videos

Demonstrate  
Apply  
Practice

50% of what they see and hear

Attend Exhibits/Sites

Watch a Demonstration

70% of what they say and write

Participate in Hands-On-Workshops

Design Collaborative Lessons

90% of what they do.

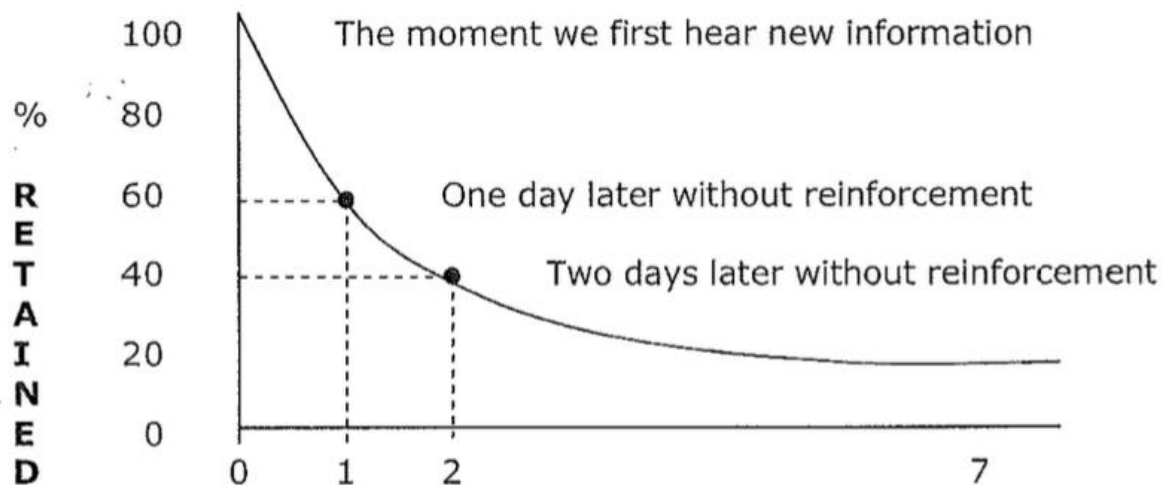
Simulate, Model, or Experience a Lesson

Design/Perform a Presentation - "Do the Real Thing"

Analyze  
Define  
Create  
Evaluate

# The Curve of Forgetting

**THE CURVE OF FORGETTING**



This graph shows how information is lost over time, when there is no attempt to retain it.



# Resources

- College and Career Center room C-6
- Naviance
- [www.oakparkusd.org](http://www.oakparkusd.org)
- register for SAT [www.collegeboard.org](http://www.collegeboard.org)
- [www.universityofcalifornia.edu](http://www.universityofcalifornia.edu): explore UC campuses
- [www.calstateapply.edu](http://www.calstateapply.edu): explore CSU campuses
- [www.act.org](http://www.act.org): register for ACT
- [www.studygs.net](http://www.studygs.net): study skills
- [www.fastweb.com](http://www.fastweb.com): scholarships

# Informational Presentations

- Senior College Application Process (Fall)
- Individual College Meetings for Students (Fall)
- Career & College Knowledge Night (October)
- Financial Aid Night (Fall)
- College and Course Advisement (Spring)
- Individual Course Advisement meetings for students (Spring)
- Junior College Night (Spring)
- Sophomore Night (Fall)
- Parent Night for College Bound Seniors
- CSU application workshop
- UC application workshop

# Final Thoughts...

- Work hard
- Be balanced
- Study smart
- Get help
- Attend Support
- Get involved
- Enjoy high school!!!

